**Damen**

| | | | | | Wettkampf | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | Großenengelis | | | Griesheim | | | Viernheim | | | Trebur | | | | 3 von 4 |
| Platz | Name | Vorname | Verein | Jahrgang | Platz | Punkte | Zeit | Platz | Punkte | Zeit | Platz | Punkte | Zeit | Platz | Punkte | Zeit | Platz | Gesamt | Gesamt |
| **1** | Schildhauer | Franziska | TSV Amicitia Viernheim 1906/09 e.V | 1998 | | | | 1 | 50 | 01:00:20 | | | | | | | | 50 | **50** |
| **1** | MOLINARI | Ana | VFL Michelstadt | 1994 | 1 | 50 | 01:13:32 | | | | | | | | | | | 50 | **50** |
| **3** | Koch | Annika | TUS Griesheim | 1999 | | | | 2 | 45 | 01:02:21 | | | | | | | | 45 | **45** |
| **3** | ARP | Friederike | MTV Kronberg | 1996 | 2 | 45 | 01:18:32 | | | | | | | | | | | 45 | **45** |
| **5** | KAMMER | Lucie | DSW Darmstadt | 1999 | | | | 3 | 42 | 01:02:40 | | | | | | | | 42 | **42** |
| **6** | Rautenberg | Iris | Spiridion Frankfurt | 1995 | | | | 4 | 40 | 01:03:02 | | | | | | | | 40 | **40** |
| **7** | Rahner | Annika | Eintracht Frankfurt e.V. | 1996 | | | | 5 | 38 | 01:06:02 | | | | | | | | 38 | **38** |

**Herren**

| | | | | | Wettkampf | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | Großenenglis | | | Griesheim | | | Viernheim | | | Trebur | | | | 3 von 4 |
| Platz | Name | Vorname | Verein | Jahrgang | Platz | Punkte | Zeit | Platz | Punkte | Zeit | Platz | Punkte | Zeit | Platz | Punkte | Zeit | Platz | Gesamt | Gesamt |
| **1** | Lau | Marius | Eintracht Frankfurt e.V. | 1995 | | | | 1 | 50 | 00:53:17 | | | | | | | | 50 | |
| **1** | Größer | Vicent | Triathlon-Team-Giessen e.V. | 1997 | 1 | 50 | 00:59:06 | | | | | | | | | | | 50 | |
| **3** | MC Clymont | Scott | TuS Griesheim | 1998 | | | | 2 | 45 | 00:53:57 | | | | | | | | 45 | |
| **3** | Bentz | Christoph | DSW Darmstadt | 1994 | 2 | 45 | 01:00:00 | | | | | | | | | | | 45 | |
| **5** | THEIS | Sven | VfL Münster | 1999 | | | | 3 | 42 | 00:56:27 | | | | | | | | 42 | |
| **5** | Drexler | Florian | KSV Baunatal | 1994 | 3 | 42 | 01:02:41 | | | | | | | | | | | 42 | |
| **7** | Kredel | Peter | VFL Michelstadt | 1996 | | | | 4 | 40 | 00:57:08 | | | | | | | | 40 | |
| **7** | Aue | Niklas | CJD Oberurff | 1997 | 4 | 40 | 01:08:52 | | | | | | | | | | | 40 | |
| **9** | WEBER | Leon | TuS Griesheim | 1998 | | | | 5 | 38 | 00:57:29 | | | | | | | | 38 | |
| **9** | ROTH | Philipp | SC Neukirchen 1864 e.V. | 1997 | 5 | 38 | 01:17:36 | | | | | | | | | | | 38 | |
| **10** | KRAUSE | Simon Christoph | Triathlon-Equipe Elz e.V. | 1995 | | | | 6 | 36 | 00:58:26 | | | | | | | | 36 | |
| **11** | LEMBKE | Felix | MTV Kronberg | 1997 | | | | 7 | 35 | 01:01:24 | | | | | | | | 35 | |
| **12** | KIPP | Simon Andreas | Eintracht Frankfurt e.V. | 1999 | | | | 8 | 34 | 01:06:34 | | | | | | | | 34 | |